



Health Fair



Quelimane - Mozambique
August 2009

Health Fair

QUELIMANE
2009



Picture 1: Mobile Clinic - being tested for the first time, information about breast cancer, counseling and HIV testing, and arterial pressure screening services were offered to participants.

On August 15 2009, a Health Fair took place in Quelimane (Zambézia's capital district) for the first time. The Health Fair occurred with the participation of several health related entities, and was promoted by the Health Ministry aimed at educating the population by providing valuable information, promoting good health awareness, and encouraging participants to assume

responsibility for their own health.

Friends in Global Health (FGH) was one of the participants. FGH, an NGO affiliated with Vanderbilt University, is at present, receiving PEPFAR funds, working in Zambézia Province as the lead partner to the Health Ministry, primarily in the provision and expansion of antiretroviral treatment and care services. The

event was also used as an opportunity to experiment

With regards to results, FGH screened:

- 463 (419 adults and 44 children less than 15 years of age). Only 77 adults presented with high blood pressure
- Tested 95 people for HIV, of which 13 were HIV positive
- Counseled 205 persons about breast cancer prevention





Picture 2: Overview of the Health Fair area.
Photo by Mansir Petrie.



Picture 3: Mobile Clinic - from left to right: Breast cancer education for prevention, HIV testing, Arterial pressure screening



Picture 4: Sport activities.

using the Mobile Clinic provides humanitarian (picture 1). The Mobile Clinic support to people living in potentially consists of an disaster, post-war, and extremely versatile platform poverty stricken areas. The conceptualized to bring real Medicine Foundation health services directly to believes that "real" medicine remote communities in rural focuses on the person as a Zambézia. The Mobile Clinic whole by providing physical, will provide testing and emotional, economic, and treatment for HIV/AIDS, TB social support. By using a and malaria in addition to personal approach, Real primary healthcare services, Medicine forms partnerships as well health education with individuals and existing programs and prevention organizations throughout the messages. The Mobile Clinic world, allowing the creation was sponsored by the Real of effective models and Medicine Foundation. The sustainable solutions that Real Medicine Foundation can be applied globally.

