

Yayawatta Real Medicine Clinic, Tangalle, Sri Lanka

Date: July 31, 2015	Prepared by: Stephney Minerva Fernando
I. Demographic Information	
1. City & Province: Tangalle, Southern Province, Sri Lanka	
2. Organization: Real Medicine Foundation, Sri Lanka (www.realmedicinefoundation.org)	
3. Project Title: Yayawatta Health Clinic	
4. Reporting Period: April 1, 2015 – June 30, 2015	
5. Project Location (region & city/town/village): Seenimodera, Yayawatta, Tangalle, Sri Lanka	
6. Target Population: 94 tsunami-affected families and the surrounding communities of 4 villages: a population of 4,000.	
II. Project Information	
7. Project Goal: Provide medical care to tsunami-affected families and the less privileged to help build a healthy community.	
8. Project Objectives: <ol style="list-style-type: none"> 1. Support the community with free, high quality healthcare services 2. Help to create a healthy community, especially amongst the younger generation 	
9. Summary of RMF-sponsored activities carried out during the reporting period under project objective (note any changes from original plans): The clinic was open 10 days each month to provide free healthcare services to the community of Yayawatta and Seenimodera in Tangalle, Sri Lanka, and the surrounding villages and communities of Palapotha, Kadurupokuna, and Seenimodera.	
10. Results and/or accomplishments achieved during this reporting period: RMF's Real Medicine Clinic was open for 10 days each month. During the second quarter of 2015, we saw an average of 21 patients per day , treating a total of 645 patients . APRIL 2015 <ul style="list-style-type: none"> • 214 patients, 101 male and 113 female, were treated at Real Medicine Clinic in April. <ul style="list-style-type: none"> ○ 50% of the patients were treated for viral influenza, ○ 20% were treated for rheumatoid arthritis, ○ 10% were treated for ischemic heart disease, ○ 10% (especially elderly patients) were treated for hypertension, and ○ 10% were treated for skin diseases. • There were 134 direct beneficiaries. Patients received treatment for viral influenza, rheumatoid arthritis, and skin diseases. • 40 indirect beneficiaries were treated for viral influenza. Direct and indirect beneficiaries were treated for 5 types of diseases, and a total of 80 patients were indirect beneficiaries. MAY 2015 <ul style="list-style-type: none"> • 217 patients, 100 male and 117 female, were treated at Real Medicine Clinic in May. 	

- **50%** patients were treated for viral influenza,
 - **20%** were treated for joint pain,
 - **10%** were treated for hypertension,
 - **10%** were treated for ischemic heart disease, and
 - **10%** were treated for worm infestation.
- The number of direct beneficiaries was 136. The number of indirect beneficiaries was 81, and they came from Palapotha, Kadurupokuna, and Seenimodera to receive treatment at the Real Medicine Clinic.
 - This free health clinic is entirely a gift from Real Medicine Foundation, which has a heart to help our communities that suffer from the tsunami's destruction and from poverty.

JUNE 2015

- **214 patients** were treated in June.
 - **20%** of the patients were treated for conjunctivitis,
 - **20%** were treated for viral influenza,
 - **20%** were treated for hypertension,
 - **15%** were treated for viral gastroenteritis,
 - **15%** were treated for rheumatoid arthritis, and
 - **10%** were treated for ischemic heart disease.
- There were 137 direct beneficiaries from Yayawatta who received treatment, and 77 indirect beneficiaries obtained medication. Direct and indirect beneficiaries received treatment for 6 types of diseases.
- 28 of the indirect beneficiaries received treatment for viral influenza. They came from Palapotha, Kadurupokuna, and Seenimodera. A total of 77 patients came to the Real Medicine Clinic from these surrounding villages.

11. Impact this project has on the community (who is benefiting and how):

This project benefits 2 categories of patients:

1. Community members in Yayawatta, who lost their livelihoods and loved ones in the tsunami
2. Lower income families that live in the villages and communities surrounding Yayawatta

12. Number served/number of direct project beneficiaries (for example, average number treated per day or month and if possible, per health condition).

A total of **645 patients were treated** at the Real Medicine Clinic during this reporting period.

13. Number of indirect project beneficiaries (geographic coverage):

Approximately **4,000 people**

14. If applicable, please list the medical services provided:

The Real Medicine Clinic was open 10 days each month, from 7:00 AM to 11:00 AM.

APRIL 2015

The most common diseases treated at the clinic in April 2015:

1. Viral Influenza
2. Rheumatoid Arthritis
3. Ischemic Heart Disease
4. Hypertension
5. Skin Diseases

➤ **Family Planning Program**

Intramuscular injections of Depo-Provera were not administered due to the sudden, related death of a mother in the government hospital. 5 mothers received oral contraceptive treatment for the month of April.

MAY 2015

The most common diseases treated at the clinic in May 2015:

1. Viral Influenza
2. Joint Pain
3. Hypertension
4. Ischemic Heart Disease
5. Worm Infestation

➤ **Family Planning Program**

Intramuscular injections of Depo-Provera were not administered. 6 mothers received oral contraceptive treatment for the month of May.

JUNE 2015

The most common diseases treated at the clinic in June 2015:

1. Conjunctivitis
2. Hypertension
3. Viral Influenza
4. Viral Gastroenteritis
5. Rheumatoid Arthritis
6. Ischemic Heart Disease

➤ **Family Planning Program**

Intramuscular injections of Depo-Provera were not administered, as the treatment was involved in the death of a mother in the government hospital. 7 mothers received oral contraceptive treatment for the month of June.

15. Please list the five most common health problems observed within your region.

- Respiratory Tract Infections
- Arthritis
- Gastrointestinal Tract Infections
- Heart Disease
- Skin Diseases

16. Notable project challenges and obstacles:
N/A

17. If applicable, plans for next reporting period:

Continue clinic operations, and continue reporting clinic attendance, disease prevalence, and family planning utilization for the third quarter of 2015, July – September.

18. If applicable, summary of RMF-sponsored medical supply distribution and use:

Monthly lists of medicine are attached in Appendix C.

19. Success story(s) highlighting project impact:

APRIL 2015

RASHINI is a 6-month-old baby girl whose mother brought her to the Real Medicine Clinic for treatment. Rashini and her mother live in Palapotha and are indirect beneficiaries of this project, but they receive the same benefits as direct beneficiaries when they visit the Real Medicine Clinic.

Rashini had a high fever and she was screaming when she was brought to the clinic. We examined her and suspected that she was experiencing some abnormality of which the fever was merely a symptom. We immediately referred Rashini to the Base Hospital in Tangalle, where she underwent several tests and investigations.

Medical consultants at the hospital found that Rashini had meningitis. She was immediately admitted to the hospital and given intravenous treatment of antibiotics. Now Rashini is out of danger; thanks to the immediate referral from Real Medicine Clinic and the quick response of Base Hospital staff, Rashini's life was saved.

MAY 2015

Please see Appendix A for more photos showcasing stories from the Real Medicine Clinic in Yayawatta and Seenimodera in Tangalle, Sri Lanka.

JUNE 2015

Below are 2 young patients who were treated for conjunctivitis. This eye disease was widespread among young and old, direct and indirect beneficiaries during the month of June, accounting for 20% of our cases at Real Medicine Clinic.



18-year-old **SHEHANI**, from Yayawatta. She is a direct beneficiary of Real Medicine Foundation.



11-year-old **MADUBHASHA**, from Palapotha. He is an indirect beneficiary of Real Medicine Foundation.

III. Financial Information

21. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.

Monthly expenditures of the Real Medicine Clinic in April, May, and June 2015 are attached with this report.

Appendix A: Project Photos



A father brings his young sons to the Real Medicine Clinic



The father and his young son wait for a consultation



Children enjoy coming to Real Medicine Clinic



Neighbors visit while waiting for a medical consultation



Sonal sees the doctor



Mothers and children wait their turn at Real Medicine Clinic

Appendix B: Morbidity Report

Beneficiaries

Place	Year	Month	Patients	Male	Female	Percentage
Real Medicine Clinic	2015	APRIL	214	101	113	21.4
		MAY	217	100	117	21.7
		JUNE	214	101	113	21.4
TOTAL			645	302	343	64.5

Direct Beneficiaries

Village	Year	Month	Patients	Male	Female	Average
Yayawatta	2015	APRIL	134	63	71	13.4
		MAY	136	62	74	13.6
		JUNE	137	63	74	13.7
TOTAL			407	188	219	40.7

Indirect Beneficiaries

Villages	Year	Month	Patients	Male	Female	Average
Palapotha Seenimodera Kadurupokuna	2015	APRIL	80	38	42	8
		MAY	81	38	43	8.1
		JUNE	77	38	39	7.7
TOTAL			238	114	124	23.8

Disease Chart for the Real Medicine Clinic in Yayawatta, Tangalle, Sri Lanka APRIL – JUNE 2015

APRIL 2015

Disease Type	PERCENTAGE	PATIENTS	MALE	FEMALE
1. Viral Influenza	50%	107	51	56
2. Rheumatoid Arthritis	20%	45	22	23
3. Ischemic Heart Disease	10%	21	11	10
4. Hypertension	10%	20	9	11
5. Skin Diseases	10%	21	8	13
TOTAL		214	101	113

MAY 2015

Disease Type	PERCENTAGE	PATIENTS	MALE	FEMALE
1. Viral Influenza	50%	108	51	57
2. Rheumatoid Arthritis	20%	44	21	23
3. Hypertension	10%	21	9	12
4. Ischemic Heart Disease	10%	20	8	12
5. Worm Infestation	10%	24	11	13
TOTAL		217	100	117

JUNE 2015

Disease Type	PERCENTAGE	PATIENTS	MALE	FEMALE
1. Conjunctivitis	20%	43	22	21
2. Hypertension	20%	42	20	22
3. Viral Influenza	20%	44	22	22
4. Viral Gastroenteritis	15%	32	16	16
5. Rheumatoid Arthritis	15%	33	13	20
6. Ischemic Heart Disease	10%	20	8	12
TOTAL		214	101	113

Patients Per Village

Village	APRIL	MAY	JUNE	Total
Yayawatta	134	136	137	407
Palapotha	29	32	30	91

Kadurupokuna	31	30	29	90
Seenimodera	20	19	18	57
Total	214	217	214	645

Total Patient Numbers by Age & Gender

Age	APRIL	MAY	JUNE	Total	Male	Female
0 - 5	35	48	41	124	56	68
6 - 15	50	42	44	136	63	73
16 - 24	39	39	38	116	53	63
25 - 49	46	46	47	139	67	72
50+	44	42	44	130	63	67
TOTAL	214	217	214	645	302	343

Appendix C: Medicine Expenditures for the Real Medicine Clinic April – June 2015

APRIL 2015

NAME	QUANTITY	COST
CAPSULES & TABLETS		
1. Amoxicillin (250 mg)	300	Rs.1,050/=
2. Buscopan	300	Rs.3,150/=
3. Ciprofloxacin (500 mg)	300	Rs.2,550/=
4. Dexamethasone (0.5 mg)	1,000	Rs.530/=
5. Cephalexin (250 mg)	300	Rs.1,710/=
6. Digene	300	Rs.1,080/=
7. Diazepam (0.2 mg)	200	Rs.60/=
8. Dulcolax (5 mg)	300	Rs.984/=
9. Hydroco Thiazide	200	Rs.150/=
10. Mebendazole (WORMIN – 500)	30	Rs.1,200/=
11. Metformin (500 mg)	500	Rs.1,875/=
12. Multivitamin (500 mg)	500	Rs.300/=
13. Piriton (4 mg)	1,000	Rs.150/=
14. Salbutamol (2 mg)	1,000	Rs.241/=
15. Augmentin (375 mg)	30	Rs.1,440/=
16. Glycoside (80 mg)	200	Rs.1,680/=
17. Mefenamic Acid	300	Rs.350/=
18. Cephalexin (125 mg)	300	Rs.2,700/=
19. Zinnat (500 mg)	30	Rs.3,270/=
20. Folic Acid (5 mg)	500	Rs.225/=
SYRUP		
1. Salbutamol	750 ml	Rs.235/=
2. Deriphyllin	6 Bottles	Rs.720/=
3. Piriton	750 ml	Rs.235/=
4. Paracetamol	750 ml	Rs.360/=
5. Mumfer	6 Bottles	Rs.1,890/=
6. Pancof (Junior)	6 Bottles	Rs.642/=
7. Belcid	6 Bottles	Rs.1,188/=
8. Dometic	6 Bottles	Rs.1,560/=
9. Cephalexin	6 Bottles	Rs.1,692/=
10. Erythromycin	6 Bottles	Rs.2,100/=
OINMENT & CREAM		
1. Betnovate-N	6 Tubes	Rs.1,560/=
2. Jonac Gel	6 Tubes	Rs.492/=
3. Mycoral	6 Tubes	Rs.1,020/=
INJECTIONS & OTHERS		
1. Mithuri	6	Rs.600/=
TOTAL (PAID)		Rs.38,989

MAY 2015

NAME	QUANTITY	COST
CAPSULES & TABLETS		
1. Erythromycin (500 mg)	300	Rs.3,000/=
2. Brufen	300	Rs.819/=
3. Diclofenac (50 mg)	300	Rs.315/=

4. Dexamethasone (0.5 mg)	1,000	Rs.530/=
5. Emito (Domperidone)	300	Rs.540/=
6. Flagyl (Metronidazole 400 mg)	300	Rs.2,250/=
7. Mebendazole (100 mg)	300	Rs.700/=
8. Omeprazole (20 mg)	300	Rs.1,360/=
9. Paracetamol	1,000	Rs.670/=
10. Pyrantin (125 mg)	300	Rs.2,400/=
11. Vitamin B Compound	1,000	Rs.403/=
12. Atorvastatin (20 mg)	200	Rs.1,300/=
13. Daonil	300	Rs.945/=
14. Orron	300	Rs.3,000/=
SYRUP		
1. Amoxicillin	6 Bottles	Rs.1,320/=
2. Deriphyllin	6 Bottles	Rs.720/=
3. Becadex	6 Bottles	Rs.1,350/=
4. Amino Plus	6 Bottles	Rs.2,760/=
5. FerroVite	6 Bottles	Rs.1,080/=
6. Pancof (Junior)	6 Bottles	Rs.642/=
7. Belcid	6 Bottles	Rs.1,188/=
8. Pancof (Adult)	6 Bottles	Rs.792/=
OINMENT & CREAM		
1. Betnovate-N	6 Tubes	Rs.1,560/=
2. Jonac Gel	6 Tubes	Rs.492/=
3. Mycoral	6 Tubes	Rs.1,020/=
4. Soframycin	6 Tubes	Rs.576/=
5. Cipralax	6 Bottles	Rs.450/=
6. Chloramphenicol	6 Bottles	Rs.216/=
INJECTIONS & OTHERS		
1.Mithuri	6	Rs.600/=
TOTAL (PAID)		Rs.33,000/=

JUNE 2015

NAME	QUANTITY	COST
CAPSULES & TABLETS		
1. Cloxacillin (500 mg)	300	Rs.1,923/=
2. Amoxicillin (250 mg)	300	Rs.1,050/=
3. Buscopan	300	Rs.3,150/=
4. Dexamethasone (0.5 mg)	1,000	Rs.530/=
5. Ciprofloxacin (500 mg)	300	Rs.2,550/=
6. Cephalexin (250 mg)	300	Rs.1,710/=
7. Calcium Lactate	200	Rs.58/=
8. Digene	300	Rs.1,080/=
9. Dulcolax	300	Rs.984/=
10. Deriphyllin (300 mg)	200	Rs.750/=
11. Famotidine (20 mg)	300	Rs.300/=
12. Glycoside (80 mg)	200	Rs.1,650/=
13. Iron (Ferrous Sulfate)	200	Rs.400/=
14. Multivitamin	500	Rs.500/=
15. Prednisolone	300	Rs.435/=
16. Augmentin (375 mg)	30	Rs.1,440/=
17. Vitamin C (Ascorbic Acid)	1,000	Rs.825/=
18. Mebendazole (WORMIN 500)	30	Rs.1,200/=
19. Mefenamic Acid	300	Rs.2,850/=
20. Cephalexin (125 mg)	300	Rs.2,100/=
21. Zinnat (500 mg)	30	Rs.2,175/=
SYRUP		
1. Amoxicillin	6 Bottles	Rs.1,320/=
2. Deriphyllin	6 Bottles	Rs.720/=
3. Dometic	6 Bottles	Rs.1,560/=
4. Mumfer	6 Bottles	Rs.1,890/=
5. Cephalexin	6 Bottles	Rs.1,692/=
6. Erythromycin	6 Bottles	Rs.2,100/=
7. Salbutamol	750 ml	Rs.235/=
8. Phenergan	500 ml	Rs.450/=
9. Piriton	750 ml	Rs.235/=
10. Paracetamol	750 ml	Rs.320/=
OINMENT & CREAM		

1. Jonac Gel	6 Tubes	Rs.492/=
2. Soframycin	6 Tubes	Rs.576/=
3. Mycoral	6 Tubes	Rs.1,020/=
4. Chloramphenicol	6 Tubes	Rs.600/=
INJECTIONS & OTHERS		
1. Envelopes (Medicine)	1,000	Rs.200/=
TOTAL (NOT PAID)		Rs.40,716/=

	APRIL	MAY	JUNE	Total
Clinic Staff Payments	Rs.50,080/=	Rs.50,080/=	Rs.50,080/=	Rs.150,240/=
Medicine	Rs.38,989/=	Rs.33,000/=	Rs.40,716/=	Rs112,705/=
Other Expenses	Rs.1,570/=	Rs.5,475/=	Rs.2,265/=	Rs.9,310/=
Photocopy, Internet	Rs.1,288/=	Rs.1,478/=	Rs.1,577/=	Rs.3,943/=
Total	Rs.91,927/=	Rs.90,033/=	Rs94,638/=	Rs.276,798/=