



Buwate Sports Academy

Date: April 24, 2019	Prepared by: Naku Charles Lwanga
I. Demographic Information	
1. City & Province: Buwate, Uganda	
2. Organization: Real Medicine Foundation Uganda (www.realmedicinefoundation.org) Mother Teresa Children's Foundation (www.mtcf-intl.org)	
3. Project Title: Buwate Sports Academy	
4. Reporting Period: January 1, 2019 – March 31, 2019	
5. Project Location (region & city/town/village): Buwate Village, Kira Town Council, Wakiso District, Kampala, Uganda	
6. Target Population: The children and population of Buwate	
II. Project Information	
7. Project Goal: Develop the youth advancement and economic components of our humanitarian work through games, sports training, vocational training, and other educational opportunities.	
8. Project Objectives:	
<ul style="list-style-type: none"> • Provide funding to assist the operations and growth of Buwate Sports Academy. • Provide funding to empower the most vulnerable children from the slums surrounding Kampala to attend school. • Promote economic empowerment for women in the community through vocational skills training. • Contribute to the reduction of economic distress in Ugandan communities. • Promote the realization of Sustainable Development Goals, creating resilient communities through economic empowerment. 	
9. Summary of RMF/MTCF-sponsored activities carried out during the reporting period under each project objective (note any changes from original plans):	
<ul style="list-style-type: none"> • Buwate Sports Academy conducted a Christmas tournament, which was scheduled for January due to some unavoidable delays. Buwate Sports Academy hosted Kyaliwajjala Football Club (Kapere FC) and won 4-1. • Buwate Sports Academy organized regular holiday trainings for the children, which mostly engaged students who attend boarding school. We conducted a holiday camp called Rural to Rural Urban Camp for children under 10, 12, and 15, respectively. The games were played in Kisasi, and a total of 18 teams took part, including Kasawo Soccer Academy, Kisasi Soccer Academy, Komamboga Soccer Academy, Mulago Super Heroes, Skills Plus Soccer Academy, Masaja Gangu Youth Sports Academy, Kampala Junior Academy, Kawempe Junior Academy, and Nakifuna Sports Academy, among others. In summary of all games played, Buwate Sports Academy's under-10 and under-12 children ended up with tie scores, and the under-15 children won. 	

- A Community Tournament Gala was also organized by the Local Council 1 (LC1) Chairperson of Seeta. This event attracted 7 teams, including Fire Base Academy, Vega Light Soccer Academy, Bonabana Gayaza Soccer Academy, Masoli Soccer Academy, and Fountain Soccer Academy. Buwate Sports Academy participated and reached the semi-finals.
- Buwate Sports Academy held and organized another match, called Gyagenda Gala for under-12 and under-14 children, with the help of the LC1 Councilor. 16 teams took part in the event, including Isla Soccer Academy, Vega Light, Komamboga, Naguru Soccer Academy, Police Soccer Academy, and Kampala City Council Sports Academy, among others. Unfortunately, Buwate Sports Academy lost during penalty kicks.
- Buwate Sports Academy hosted the Ssekanyonyi Community Team from Gomba. The match was played at the Seeta sports grounds with a 3-2 win in favor of Buwate Sports Academy.
- The school fees of 80 children under RMF sponsorship were paid. This was done in a timely manner to ensure that the students can report to school without interruption.
- Buwate Sports Academy children who sat for their national exams last year excelled and have joined secondary school.

2018 Primary Leaving Examination Results

S/N	Name	School	Sex	Total Aggregates	Grade
1	Kirabira, Andrew	Wampewo Primary School	M	24	2
2	Lukusa, Muzafaru	Kazinga Primary School	M	23	2
3	Sekate, Micheal	Kazinga Primary School	M	24	2
4	Nsubuga, Isaac	Kazinga Primary School	M	24	2
5	Mutaasa, Ismah	Wampewo Primary School	M	22	2
6	Kizza, Godfrey	Kazinga Primary School	M	21	2
7	Mulyowa, Afan	Kazinga Primary School	M	23	2
8	Sembuya, Rogers	Kazinga Primary School	M	28	3
9	Amumpiire, Saviour	Kazinga Primary School	M	19	2
10	Abdulsalam, Sebale	Gyagenda Primary School	M	9	1
11	Ddimirire, James	Kazinga Primary School	M	20	2
12	Musanje, Mark	Kazinga Primary School	M	24	2

- Scholastic materials were purchased and distributed to children going back to school after the long December holiday.
- Wages for Buwate Sports Academy support staff were paid promptly, enabling the program to run smoothly.
- The tailoring department was strengthened to accommodate the increasing number of trainees, mainly girls who dropped out of school due to difficulty paying school fees.
- The hairdressing department was also facilitated and has attracted a good number of trainees from the communities of Buwate and Kireka.
- Buwate Sports Academy has greatly impacted the lives of its vocational trainees by enabling students, specifically those who were previously employed as house helpers in the community, to start up their own business and generate a daily income.
- The vocational department continued to register progress by contributing a small percentage of income to the students as startup capital, and by purchasing some sewing machines, which enables students who have finished all levels of their training to start up their own business and generate a daily income.
- The tailoring department continued to register progress by winning contracts from neighboring schools. Tailoring trainees make school uniforms such as sportswear, skirts, dresses, and shirts, as well as school bags and ladies' bags and wallets, which help generate income to support the department.
- Monthly formative meetings were held in the vocational department. During these meetings, the issues discussed include necessary repair and maintenance of existing machines and customer care service techniques.
- The Kireka Boys' Team took part in the Kampala Central District's 4th Division League and played against several strong teams. This was held at various sports grounds within the city, and in the end, the Kireka team took 10th place thanks to their great skills and talent.
- Students in the vocational training department celebrated International Women's Day this year by engaging new trainees in acquiring practical skills both in tailoring and hairdressing.
- Regular weekend trainings were organized for children who do not attend boarding school.

- Buwate Sports Academy safely transported the children to play in different matches away from Buwate and Kireka.
- Food and charcoal were purchased so that we could provide the children with a meal during training sessions and away games.
- Purchased essential sports materials for the academy, such as balls, uniforms, socks, and sports bibs, which was all possible through RMF funding.
- A routine follow-up was conducted for the trainees who completed their tailoring training. Many are now well-established at various locations in Kampala and Buwate doing business to generate an income.

10. Results and/or accomplishments achieved during this reporting period:

- Children who sat for the national exams in 2018 excelled, and some have joined reputable secondary schools in Kampala.
- School fees were paid on time for children under RMF sponsorship.
- Buwate Sports Academy successfully distributed scholastic materials to children in the program in preparation for their return to school.
- Staff wages were paid in a timely manner, which enables the sports academy to run smoothly, motivates the staff, and ensures a greater opportunity for students to learn.
- Children were provided with hot meals during practice and away games. When the children are well-fed, they have more energy, better morale, and are able to perform better, producing better results.
- Buwate Sports Academy has continuously seen a large number of students enrolling in both hairdressing and tailoring classes in Buwate and Kireka.
- Children were safely transported to sports encounters outside Buwate and Kireka, as well as Seta sports grounds. Games were played at Kisasi, Gomba, Komamboga, Gyagenda, and Kira sports grounds.
- The Kireka boys participated in the Kampala 4th Division League. These types of events showcase our participants' talents in the wider community and also help develop their skills.
- Buwate Sports Academy's project coordinator engaged in a follow-up with successful outgoing students.
- The tailoring and hairdressing departments have continuously boosted their income levels by making items like ladies' bags and school uniforms, as well as creating trendy hairstyles for clients.
- The vocational department has successfully trained and prepared its students to compete in the outside market, and with RMF's support, they have been able to establish small startups.
- Purchased essential sports materials, such as uniforms, balls, socks, etc., to replace the old and worn-out materials.
- Purchased materials for the hairdressing and tailoring department students.

11. Impact this project has on the community (who is benefiting and how):

- Buwate Sports Academy has created publicity for the area. Buwate used to get very little positive attention, but it is gradually becoming a popular place, with great hope that this will attract social services from the government and other development partners.
- Buwate Sports Academy has changed the negative impression that the rest of the city had of Buwate. Buwate was previously known as a slum, an area for criminals. Now Buwate Sports Academy has redefined the area as a hub for talented children.
- Buwate Sports Academy has given hope to community members. The children in Buwate can now see that it's possible to succeed in their community. Additionally, young adults now see the opportunity of vocational training in Buwate, and this has reduced the level of despair among community members, especially the youth.
- The impact of Buwate Sports Academy's vocational training program is evident in the community and has even led some male youths to enroll for hairdressing and tailoring training. In the past, these were seen as jobs only for females.
- The vocational department has successfully trained students, who are now ready for work in the community. Former trainees are now self-employed, thus reducing the rate of unemployment and the evils that come with it. This has positively impacted the community, the academy, as well as the beneficiaries by elevating the standard of living.

- The new hairdressing class in the Kireka slum area (started in the third quarter of 2018) is contributing to the reduction of social problems like prostitution. Given the opportunity, vulnerable women are searching for a better and safer way to generate income.
- Buwate Sports Academy and the surrounding schools are now working together. For instance, Assistant Coach Francis Karungi is occasionally hired by the neighboring primary schools to provide additional sports training to children in preparation for school soccer competitions. Coach Francis fulfills this role well due to his passion for the game.
- Buwate Sports Academy is promoting livelihood skills through tailoring and hairdressing and beauty therapy classes. This component is expanding with the help of RMF. We receive thanks and testimonies from women who used to stay idle at home, but now can work at beauty salons. The vocational program has done much to promote goodwill towards Buwate Sports Academy.
- The project is contributing to poverty reduction and wealth creation. For instance, the first batch of vocational program trainees are engaged in income-generating activities. These community members used to have no income, but now they can earn more than UGX 150,000 per month. This is a positive move and has a big multiplier effect on the wellbeing of the entire community.
- Buwate Sports Academy has created a friendship with neighboring schools. For instance, the tailoring department is now sewing uniforms for Quality Primary School; this has also boosted trainees' level of income. There has been an increase in the number of students enrolling in the program.
- Through the vocational training program, the academy has created hope for girls who had to drop out of school due to lack of funds; now they have an opportunity to acquire employable skills in different areas of interest.
- Buwate Sports Academy has helped create a rhythm of life for young people in the community. It is now clear that during holidays there is a program to follow. This has reduced the rate of crimes among youths in the area, and it has reduced the number of problem youths loitering in the area and causing other social challenges, such as substance and alcohol abuse, early marriages, prostitution, etc.
- Buwate Sports Academy has helped local young people become friendly towards one another through playing together. Previously, the youth in Buwate were often in gang groups that could terrorize the community, but now the youth have become more friendly and productive.
- The project is contributing to reducing illiteracy in Uganda. Every year, RMF's support enables more children to complete their primary or secondary education, and some of our sponsored children have completed their Uganda Certificate of Education (UCE).
- The project is promoting employable skills: hairdressing and beauty therapy, tailoring, soap making, and sports skills. Many of the older Kireka boys are now playing professional football (American soccer) and are paid by affluent local teams to play for them.
- Buwate Sports Academy has provided employment to some locals; for instance, the instructors and coaches have been hired from the community.
- Buwate Sports Academy has created an opportunity for children and youth to develop their talents in sports. Some youth from poor families have received scholarships to affluent schools in Kampala, which they would never be able to access if not for their talent and training in sports.
- Buwate Sports Academy is improving child-to-parent relationships, especially through informative talks that we conduct with parents.
- Buwate Sports Academy has helped to sustain and retain children in school. This is because of scholastic materials that are given to the children and sensitization provided during trainings: "School is good."
- Buwate Sports Academy is providing hope for orphans and vulnerable children by paying their school fees and equipping them with practical life skills to help them survive in the outside world.
- Buwate Sports Academy has influenced positive behavior change in the community. The children know that it is good to be in school, it is not good to be violent, substance abuse is bad, early marriage is not good, etc.
- During gatherings, youths are given knowledge to protect themselves against HIV/AIDS.
- The project is interlinking the different communities of Buwate, such as Kireka, Buwate, Kira, Seeta, and more. Through frequent interactions and mutual cooperation, these communities have become more united.
- Buwate Sports Academy has united the community of Buwate as a whole; for instance, the secular youth and the church are working together. In addition, the bond of friendship with the community has grown, as the establishment of the vocational department has resulted in a special love in the community for the academy.

- Buwate Sports Academy is building a positive attitude towards sports in the community. Community members now see the value and positive impact that sports can have.
- The project is building the confidence of local children who participate. In the past, Buwate children often felt inferior while with other city children. Now their self-esteem is high and they can express themselves. This is evidenced by the monitoring of the continuous behavior and attitude change of the students at enrollment and at the end of the program.
- We are promoting gender equality; for instance, the community had a mentality that soccer is for men, but now they see girls exhibiting serious skills. This is promoting an attitude change.
- Buwate Sports Academy girls and boys not only acquire skills as they play football (American soccer), but they learn to relate to each other and children with diverse cultures.
- The project is promoting holistic growth of the young people.
- The program has created an avenue for community dialogue. The community now can gather together and brainstorm.
- The bond of friendship and level of cooperation between Buwate and RMF has grown tremendously.
- Local political and social leaders have developed an interest in Buwate Sports Academy activities. This is manifested by frequent visits to our office.

12. Number of indirect project beneficiaries (geographic coverage):

About 2,000 persons benefit from the Buwate Sports Academy project, i.e. Buwate, Kireka, Bwyogerere, and Seeta communities.

13. If applicable, please list the medical services provided:

First Aid: Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF. We are also paying medical bills for the attending youths.

14. Please list the most common health problems treated through this project.

- Fractures
- Malaria
- Headaches
- Fever
- Respiratory Tract Infections
- Sprains

15. Notable project challenges and obstacles:

- Many community members are turning up for vocational training but cannot participate because of limited training materials.
- Previously, we provided startup kits for beneficiaries who completed vocational training. However, this practice has been suspended due to a shortage of funds. Startup kits help trainees apply their acquired skills, establish their own businesses, and effectively begin their journey to self-reliance. Providing startup kits for our beneficiaries is one way of completing the good work that we started in the community, and these startup kits also motivate trainees to use them to assist others and make a positive impact on others within the community.
- Buwate Sports Academy participants have increased, but the budget for food has not. It has become difficult to feed all of the children.
- Due to fluctuations in prices and growing inflation rates, we are not always able to provide scholastic materials to all of the children enrolled. Thus, there is a need to increase the budget for scholastic materials.
- Buwate Sports Academy still does not have its own football (American soccer) field for conducting activities. The community sports grounds currently being used are not reliable and are not leveled to meet the minimum standard of a sports academy.

<ul style="list-style-type: none"> The older girls in the program cannot easily afford sanitary products, which has caused most of them to miss classes during their menstrual cycles. There is a need to integrate a program that addresses female participants' menstrual hygiene needs.
<p>16. If applicable, plans for next reporting period:</p> <ul style="list-style-type: none"> Continue to support Buwate Sports Academy activities. Continue to participate in home and away matches as planned by Buwate and different organizations. Report progress of the vocational training and continuous sports training. We are considering beginning construction of an office for Buwate Sports Academy. Begin a vocational project for the older Kireka boys who do not have the funds to continue with higher education in order to obtain employable skills. With the availability of funds, register the vocational department with the Ministry of Education and Sports in order to receive full recognition.
<p>17. If applicable, summary of RMF/MTCF-sponsored medical supply distribution and use:</p> <p>First Aid: Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF. We are also paying medical bills for the attending youths, as well as supplying and distributing components for first aid kits.</p>
<p>18. Success story(s) highlighting project impact:</p> <p>Please refer to Appendices.</p>
<p>19. Photos of project activities (file attachment is fine):</p> <p>Please refer to Appendices.</p>
<p>III. Financial Information</p>
<p>20. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.</p> <p>Sent separately.</p>

APPENDIX A: Holiday Program Distribution of Scholastic Materials



Distribution of books in the slum area of Kireka. Some parents waited to receive books on behalf of their children.



Coach Kato participating in the distribution to ensure that all children present receive scholastic materials



Some young and vulnerable children who have not yet met the acceptable criteria to join the program were also given books



The children happily show off their scholastic materials. They are grateful to RMF/MTCF for positively impacting their lives.



Some of the scholastic materials that were purchased for distribution to the children



Buwate children after receiving their books



Coach Karungi handing out books with care



Buwate children received books for their first term.

APPENDIX B: Sports Activities

January Christmas Tournament



Kireka and Buwate children team up for the Christmas Tournament at Kira sports grounds.

Holiday Camp: Rural to Rural Urban Camp



Under-13 Buwate children during the holiday camp



All teams relaxing before the match



Under-13 children from Kasawo Soccer Academy



Under-13 Buwate children in a lineup before the match



Buwate substitutes taking a shelter under a tree, with their eyes set on the match to watch the ultimate scoring moment



Participants from Buwate Sports Academy doing drills before the match begins



Coach Karungi giving the young players instructions before the match



Under-15 players from Isra Soccer Academy, one of the teams that Buwate Sports Academy played during the tournaments



Isra Soccer Academy's under-5 and under-13 players



The referee leading the teams from Isra Soccer Academy and Buwate Sports Academy



The two competing teams taking each other on in an action-packed game at one of the tournaments



The great under-13 players of Buwate Sports Academy ready for another encounter



A team from Kawempe Junior Academy doing drills before their game



Under-10 children from Kisasi Soccer Academy during the match



Trophies to be given to the winning teams

Gyagenda Sports Gala



An under-15 team from Kyambogo resting before the second half of the game



A team from Nakifuna Sports Academy arrive at the field for their match



A player from Buwate Sports Academy takes on a penalty kick during one of the matches played in the Gyagenda Sports Gala



Mulago Super Heroes, another team in the Gyagenda tournament, also takes on a penalty kick

Community Football at Seeta Sports Grounds



Buwate under-15 boys getting ready for their game



A group of boys before a match



Under-15 players from Mulago Super Heroes



Both teams in a group photo



Buwate boys taking the corner kick



Buwate boys relax as penalty kicks continue



Mulago Super Heroes disappointed during the penalties, having lost to the Buwate Sports Academy team

Visiting Team from Gomba at Seeta Grounds



Buwate and Ssekanyonyi Community Team in a group photo



Ssekanyonyi community team getting ready for the game

APPENDIX C: International Women's Day Celebration



Girls and women taking practical lessons



Girls and women cutting garments and learning how to braid



Tailoring class participants taking their practical lessons seriously



The tailoring instructor supervising the students



Other trainees closely observe what their peers are making. The limited materials and resources available in the vocational training department require participants to take turns while learning.



Women do their work without interference. The tutors prefer the students to focus on hands-on training rather than verbal instruction.



The tailoring instructor motivates the new trainees during the session. Trainees are encouraged to take up the course with passion and develop great teamwork in order to remain dedicated to the training and continuously learn from one another.

APPENDIX E: Success Stories

Nuwaritambiro was a housewife with no employable skills. Her hope for the future was rekindled when she enrolled in tailoring training at Buwate Sports Academy's vocational training department. She is now running her own business and paying a monthly rent of 20,000 shillings, which she was unable to do before her vocational training. She has attracted a variety of clients in the village of Seeta. Nuwaritambiro is grateful to RMF/MTCF for the support and values the benefits she has gained from the training and skills. She said, "I cannot thank the team enough for the assistance they have rendered to me. It has made a great difference in my family's wellbeing. I used to be an ordinary housewife who waited on her husband for support, but with skills from the vocational training, today I assist my husband in supporting the family."



Nuwaritambiro putting her vocational training to use

Nakayiwa Nuur, another graduate of the Buwate Sports Academy's vocational training program, does her tailoring outside her home compound in collaboration with a colleague who also attended the Buwate vocational training department. As their tutors continually advised them, these two colleagues keep their team spirit high in order to assist one another and build up each other's strengths. Nakayiwa is grateful to RMF/MTCF for their continuous funding and support to the poor communities in her neighborhood.



Nakayiwa Nuur at her workplace

Catherine Nakayenga is a single mother of two children. She is illiterate, but she found hope in Buwate Sports Academy's vocational training program and is now doing business in Ham Towers, one of the busiest arcades in downtown Kampala. She makes African kitenge fashions. We thank the RMF/MTCF team for the support rendered to Catherine and her counterparts.



Catherine Nakayenga at Ham Towers in downtown Kampala