

Real Medicine Clinic, Yayawatta, Tangalle, Sri Lanka

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| Date: October 30, 2014 | Prepared by: Stephney Minerva Fernando |
| I. Demographic Information | |
| 1. City & Province: Tangalle, Southern Province, Sri Lanka | |
| 2. Organization: Real Medicine Foundation Sri Lanka – www.realmedicinefoundation.org | |
| 3. Project Title: Yayawatta Health Clinic | |
| 4. Reporting Period: July 1 st - September 30 th , 2014 | |
| 5. Project Location (region & city/town/village): Seenimodora, Yayawatta, Tangalle, Sri Lanka | |
| 6. Target Population: 94 Tsunami affected families and the surrounding communities of four villages with a population of 4,000. | |
| II. Project Information | |
| 7. Project Goal: Provide medical care to Tsunami affected families and the less privileged to help build a healthy community. | |
| 8. Project Objectives: <ol style="list-style-type: none"> 1. Support the community with free high quality healthcare services 2. Help to create a healthy community, especially amongst the younger generation | |
| 9. Summary of RMF-sponsored activities carried out during the reporting period under project objective (note any changes from original plans): The clinic was opened 10 days per month to provide free healthcare services to the community of Yayawatta at Seenimodara in Tangalle, Sri Lanka, and its surrounding villages and communities of Palapotha, Kadurupokuna & Seenimodara. | |
| 10. Results and/or accomplishments achieved during this reporting period: The clinic was opened for 10 days each month during the third Quarter of 2014; we saw an average of 21 patients per day with a total of 629 patients treated. <ul style="list-style-type: none"> • In the month of July, 208 patients were treated, 95 males and 113 females • In the month of August, 210 patients were treated, 98 males and 112 females. • In the month September, 211 patients were treated, 98 males and 113 females. | |
| 11. Impact this project has on the community (who is benefiting and how): This project benefits two categories of patients; the community of Yayawatta, who had lost their livelihoods and loved ones in the Tsunami of December 2004, and the lower income groups of families that live in the villages and communities around Yayawatta. | |
| 12. Number served/number of direct project beneficiaries (for example, average number treated per day or month and if possible, per health condition). A total of 629 patients were treated at the clinic during this reporting period. | |
| 13. Number of indirect project beneficiaries (geographic coverage): Approximately 4,000 | |
| 14. If applicable, please list the medical services provided: The clinic was opened 10 days per month from 7.00 am to 11.00 am. The most common diseases treated at the clinic for the month of JULY 2014 : | |

| |
|----------------------------|
| 01. Viral Fever |
| 02. Ischemic Heart Disease |
| 03. Viral Gastroenteritis |
| 04. Rheumatoid Arthritis |
| 05. Demoterysis |
| 06. Hypertension |

Family Planning Program:

6 mothers have received oral contraceptive treatment for the month of **JULY 2014**.

The most common diseases treated at the clinic for the month of **AUGUST 2014**:

| |
|----------------------------|
| 01. Viral Gastroenteritis |
| 02. Ischemic Heart Disease |
| 03. Hypertension |
| 04. Skin Diseases |
| 05. Rheumatoid Arthritis |
| 06. Worm Infestation |
| 07. Influenza |

Family Planning Program:

5 mothers have received oral contraceptive treatment for the month of **AUGUST 2014**.

The most common diseases treated at the clinic for the month of **SEPTEMBER 2014**:

| |
|-----------------------------|
| 01. Viral Fever |
| 02. Chronic Gastroenteritis |
| 03. Hypertension |
| 04. Ischemic Heart |
| 05. Rheumatoid Arthritis |
| 06. Skin Diseases |

Family Planning Program:

4 mothers received oral contraceptive treatment for the month of **SEPTEMBER 2014**.

15. Please list the five most common health problems observed within your region.

- Respiratory Tract Infections
- Arthritis
- Gastrointestinal Tract Infections
- Heart Disease
- Skin Diseases

16. Notable project challenges and obstacles:
N/A

17. If applicable, plans for next reporting period:

Continue clinic operations; continue reporting of clinic attendance, disease prevalence and family planning utilization for Quarter 4.

18. If applicable, summary of RMF-sponsored medical supply distribution and use:

Monthly lists of medicines and sullpies are attached in Annex 1.

19. Success story(s) highlighting project impact:



Mrs. Piyaseeli is 26 years old and a direct beneficiary of the Real Medicine Clinic. She had come to the clinic, complaining of pain in her left breast. Upon examination RMF's doctor found something unusual and referred her to the Tangalle Base Hospital for further investigations.

From the investigations, it was revealed that there was a lump, and it needed to be removed as soon as possible. The Senior Surgeon completed surgery at once, removed the lump and sent a biopsy for examination to Colombo to get a clear opinion whether this lump was malign or not.



Mrs. Sumana comes to our clinic frequently for treatment of her joint pains. When she came this time, she suffered from severe pain and swelling of the joints. With the clinical tests and examinations, a diagnosis of Rheumatoid Arthritis was confirmed. The RMF doctor then referred her to the Rheuma Clinic at Matara Base Hospital where she is now undergoing treatment for Rheumatoid Arthritis.

Photos:



Everything is ready to start the Clinic. The Clinic Staff -- Dr. Chamal, the Medical Consultant, the Assistant to the Medical Consultant, Mrs. Dimuthu & the Clinic Assistant, Mrs. Lasanthie

The 2 Sisters, who work hard at the Clinic



Mrs. Lasanthie, the Clinic Assistant helps an elderly lady to fill out a form



Mothers with their children



Clinic Day



Madumekala, the beneficiary of LTMS Waiting Room



Resting until her name is called



20. Photos of project activities (file attachment is fine):
Photo file is attached.

III. Financial Information

21. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.
Provided separately.

Morbidity Report

Beneficiaries

| Real Medicine Clinic | Year | Month | Patients | Male | Female | Percentage |
|----------------------|------|------------------|------------|------------|------------|-------------|
| | 2014 | JULY | 208 | 95 | 113 | 20.8 |
| | | AUGUST | 210 | 98 | 112 | 21 |
| | | SEPTEMBER | 211 | 98 | 113 | 21.1 |
| TOTAL | | | 629 | 291 | 338 | 62.9 |

Direct Beneficiaries

| Yayawatta | Year | Month | Patients | Male | Female | Average |
|-----------|--------------|------------------|------------|------------|------------|-------------|
| | 2014 | JULY | 125 | 57 | 68 | 12.5 |
| | | AUGUST | 132 | 62 | 70 | 13.2 |
| | | SEPTEMBER | 135 | 62 | 73 | 13.5 |
| | TOTAL | | 392 | 181 | 211 | 39.2 |

Indirect Beneficiaries

| Villages | Year | Month | Patients | Male | Female | Average |
|---|--------------|------------------|------------|------------|------------|-------------|
| Palapotha, Seenimodara & Kadurupokuna | 2014 | JULY | 83 | 38 | 45 | 8.3 |
| | | AUGUST | 78 | 36 | 42 | 7.8 |
| | | SEPTEMBER | 76 | 36 | 40 | 7.6 |
| | TOTAL | | 237 | 110 | 127 | 23.7 |

Disease Chart of the Real Medicine Clinic in Yayawatta, Tangalle, Sri Lanka

JULY 2014

| Disease Type | PERCENTAGE | PATIENTS | MALE | FEMALE |
|---|------------|------------|-----------|------------|
| 01. Viral Fever | 35% | 73 | 35 | 38 |
| 02. Rheumatoid Arthritis | 20% | 42 | 20 | 22 |
| 03. Viral Gastroenteritis | 15% | 31 | 14 | 17 |
| 04. Ischemic Heart Disease & Hypertension | 10% | 20 | 09 | 11 |
| 05. Skin Diseases | 10% | 22 | 10 | 12 |
| 06. Hypertension | 05% | 10 | 04 | 06 |
| 07. Others | 05% | 10 | 03 | 07 |
| TOTAL | | 208 | 95 | 113 |

AUGUST 2014

| Disease Type | PERCENTAGE | PATIENTS | MALE | FEMALE |
|----------------------------|------------|------------|-----------|------------|
| 01. Viral Gastroenteritis | 20% | 42 | 19 | 23 |
| 02. Ischemic Heart Disease | 20% | 42 | 20 | 22 |
| 03. Hypertension | 20% | 42 | 21 | 21 |
| 04. Skin Diseases | 10% | 21 | 09 | 12 |
| 05. Rheumatoid Arthritis | 10% | 21 | 10 | 11 |
| 06. Worm Infestation | 10% | 21 | 09 | 12 |
| 07. Influenza | 10% | 21 | 10 | 11 |
| TOTAL | | 210 | 98 | 112 |

SEPTEMBER 2014

| Disease Type | PERCENTAGE | PATIENTS | MALE | FEMALE |
|-----------------------------|------------|------------|-----------|------------|
| 01. Viral Fever | 30% | 64 | 30 | 34 |
| 02. Chronic Gastroenteritis | 20% | 43 | 18 | 25 |
| 03. Hypertension | 15% | 33 | 16 | 17 |
| 04. Ischemic Heart Disease | 15% | 32 | 14 | 18 |
| 05. Rheumatoid Arthritis | 15% | 34 | 15 | 19 |
| 06. Skin Diseases | 05% | 05 | 05 | -- |
| TOTAL | | 211 | 98 | 113 |

Total Patients number by Village

| Village | JULY | AUGUST | SEPTEMBER | Total |
|--------------|------------|------------|------------|------------|
| Yayawatta | 125 | 132 | 135 | 392 |
| Palapotha | 32 | 28 | 30 | 90 |
| Kadurupokuna | 34 | 31 | 28 | 93 |
| Seenimodara | 17 | 19 | 18 | 54 |
| Total | 208 | 210 | 211 | 629 |

Total Patient Numbers by Age & Gender

| Age | JULY | AUGUST | SEPTEMBER | Total | Male | Female |
|---------------|------------|------------|------------|------------|------------|------------|
| 0 – 05 years | 43 | 37 | 43 | 123 | 58 | 65 |
| 06 – 15 years | 41 | 45 | 40 | 126 | 58 | 68 |
| 16 – 24 years | 36 | 29 | 37 | 102 | 46 | 56 |
| 25 – 49 years | 42 | 50 | 46 | 138 | 66 | 72 |
| 50 years+++ | 46 | 49 | 45 | 140 | 63 | 77 |
| Total | 208 | 210 | 211 | 629 | 291 | 338 |

ANNEX 1**Expenditure for Medicines and Medical Supplies****JULY 2014**

| NAME | QUANTITY | COST |
|-----------------------------------|------------|------------|
| CAPSULES & TABLETS | | |
| 01. Cloxacilline(500mgs.) | 300 | Rs.2,400/= |
| 02. Vitamin A & D | 500 | Rs.4,000/= |
| 03. Brufen(200mgs.) | 300 | Rs.819/= |
| 04. Dexamethazone (0.5mgs) | 1000 | Rs.530/= |
| 05. Digene | 300 | Rs.1,080/= |
| 06. Dulcolax(5mgs) | 300 | Rs.984/= |
| 07. Emitop(Domperidone) | 300 | Rs.540/= |
| 08. Famotidene(20mgs) | 300 | Rs.300/= |
| 09. Flagyl(Metronidazole 400mgs.) | 300 | Rs.2,250/= |
| 10. Omeprazole(20mgs.) | 300 | Rs.600/= |
| 11. Piriton(4mgs.) | 1000 | Rs.150/= |
| 12. Pyrentin(125mgs.) | 300 | Rs.2,400/= |
| 13. Vitamin C (Ascorbic Acid) | 1000 | Rs.850/= |
| 14. Atorvastatin(20mgs) | 200 | Rs.1,300/= |
| 15. Dianil | 300 | Rs.1,050/= |
| SYRUPS | | |
| 01. Amino Plus | 06 Bottles | Rs.2,760/= |
| 02. Phenycof (Adult) | 06 Bottles | Rs.792/= |

| | | |
|--------------------------------|------------|---------------------|
| 03. Belcid | 06 Bottles | Rs.1,188/= |
| 04.Derriphilline | 06 Bottles | Rs.720/= |
| OINMENTS & CREAMS | | |
| 01. Soframycine | 06 Tubes | Rs.576/= |
| INJECTIONS & OTHERS | | |
| 01.Mithuri | 06 | Rs.600/= |
| TOTAL (PAID) | | Rs.25,889 /= |

AUGUST 2014

| NAME | QUANTITY | COST |
|----------------------------------|------------|---------------------|
| CAPSULES & TABLETS | | |
| 01. Amoxicilline(250mgs.) | 300 | Rs.1,035/= |
| 02. Buscopam | 300 | Rs.3,018/= |
| 03. Ciprofloaxanin(500mgs.) | 300 | Rs.2,421/= |
| 04. Dexamethazone (0.5mgs) | 1000 | Rs.530/= |
| 05. Cephelexine(250mgs.) | 300 | Rs.1,710/= |
| 06. Diazepam (0.2mgs.) | 200 | Rs.60/= |
| 07. Diclofenac(50mgs) | 300 | Rs.330/= |
| 08. Erythromycine(500mgs) | 300 | Rs.3,000/= |
| 09. H. C. T. (HydroCothalazide.) | 200 | Rs.150/= |
| 10. Metformin(500mgs.) | 500 | Rs.1,875/= |
| 11. Multi Vite(500mgs.) | 500 | Rs.227/= |
| 12. Mebandazole(100mgs.) | 300 | Rs.420/= |
| 13. Mebandazole(WORMIN -- 500) | 30 | Rs.1,200/= |
| 14. Glicozide(80mgs) | 200 | Rs.1,690/= |
| 15. Paracetamol | 1000 | Rs.670/= |
| 16. Mefanamic Acid | 300 | Rs.345/= |
| 17. Zinnet(500mgs) | 30 | Rs.3,700/= |
| SYRUPS | | |
| 01. Amoxicilline | 06 Bottles | Rs.1,620/= |
| 02. Becadex | 06 Bottles | Rs.1,350/= |
| 03. Mumfer | 06 Bottles | Rs.1,890/= |
| 04.Derriphilline | 06 Bottles | Rs.720/= |
| 05. Salbutamol | 750mls. | Rs.290/= |
| 06. Paracitamol | 750mls. | Rs.320/= |
| 07. Piriton | 750mls. | Rs.290/= |
| 08. Cephelexin | 06 Bottles | Rs.1,692/= |
| 09. Domtic | 06 Bottles | Rs.1,560/= |
| 10. Erythromycine | 06 Bottles | Rs.2,100/= |
| OINMENTS & CREAMS | | |
| 01. Betnovate N | 06 Tubes | Rs.1,560/= |
| 02. Mycoral | 06 Tubes | Rs.1,020/= |
| 03. Jonac Jel | 06 Tubes | Rs.492/= |
| 04. Chloramphenicol | 06 Bottles | Rs.240/= |
| INJECTIONS & OTHERS | | |
| 01.Mithuri | 06 | Rs.600/= |
| TOTAL (PAID) | | Rs.37,725 /= |

SEPTEMBER 2014

| NAME | QUANTITY | COST |
|-------------------------------|----------|------------|
| CAPSULES & TABLETS | | |
| 01. Cloaoxicilline(500mgs.) | 300 | Rs.1,923/= |
| 02. Brufen(200mgs.) | 300 | Rs.819/= |
| 03. Dexamethazone (0.5mgs) | 1000 | Rs.530/= |

| | | |
|-----------------------------------|------------|--------------------|
| 04. Cephelexine(125mgs.) | 300 | Rs.2,700/= |
| 05. Calcium Lactate | 200 | Rs.58/= |
| 06. Digene | 300 | Rs.1,080/= |
| 07. Emitop(50mgs) | 300 | Rs.540/= |
| 08. Famotedene | 300 | Rs.300/= |
| 09. Flagyl(Metronidazole 400mgs.) | 300 | Rs.2,250/= |
| 10. Iron(Ferrous Sulphate) | 200 | Rs.200/= |
| 11. Omeprazole(20mgs) | 300 | Rs.1,260/= |
| 12. Prednisilone | 200 | Rs,300/= |
| 13. Pyrentin(125mgs) | 300 | Rs.2,400/= |
| 14. Salbutamol(2mgs) | 1000 | Rs.241/= |
| 15. Vitamin B Compound | 1000 | Rs.403/= |
| 16. Augmentin(375mgs.) | 30 | Rs.1,440/= |
| 17. Vitamin C | 1000 | Rs.842/= |
| 18. Atorustatain(20mgs) | 200 | Rs.1,300/= |
| 19. Cephelexin(250mgs) | 300 | Rs.2,361/= |
| 20. Dulcolax | 300 | Rs.985/= |
| SYRUPS | | |
| 01. Pheneycof(Adult) | 06 Bottles | Rs.792/= |
| 02. Pheneycof(Jonior) | 06 Bottles | Rs.642/= |
| 03. Belcid | 06 Bottles | Rs.1,188/= |
| 04.Derriphilline | 06 Bottles | Rs.720/= |
| 05. Phenagan | 500mls. | Rs.170/= |
| OINMENTS & CREAMS | | |
| 01. Betnovate N | 06 Tubes | Rs.1,560/= |
| 02. Mycoral | 06 Tubes | Rs.1,020/= |
| 03. Jonac Jel | 06 Tubes | Rs.492/= |
| 04. Soframycine | 06 Tubes | Rs.576/= |
| 04. Cipolox | 06 Bottles | Rs.450/= |
| INJECTIONS & OTHERS | | |
| 01.Mithuri | 06 | Rs.600/= |
| 02.Envelopes(Medicine) | 1000 | Rs.550/= |
| TOTAL (PAID) | | Rs.30,692/= |

| | JULY | AUGUST | SEPTEMBER | Total |
|-----------------------|--------------------|--------------------|-------------------|---------------------|
| Clinic Staff Payments | Rs.50,080/= | Rs.50,080/= | Rs.50,080/= | Rs.150,240/= |
| Medicine | Rs.25,889/= | Rs.37,725/= | Rs.30,692/= | Rs.94,306/= |
| Other Expenses | Rs.3,660/= | Rs.2,235/= | Rs.2,420/= | Rs.8,315/= |
| Photo Copy, Internet | Rs.1,198/= | Rs.1,326/= | Rs.1,098/= | Rs.3,622/= |
| Total | Rs.80,827/= | Rs.91,366/= | Rs84,290/= | Rs.256,483/= |