

Progress Report: Long Term Medical Support for Children In Sri Lanka

Date: 18 th August, 2014	Prepared by: Stephney Minerva Fernando																														
I. Demographic Information																															
1. City & Province: Hambantota District & Matara District in South Sri Lanka																															
2. Organization: Real Medicine Foundation Sri Lanka – www.realmedicinefoundation.org																															
3. Project Title: Long Term Medical Support																															
4. Reporting Period: April 1 st – June 30 th , 2014																															
5. Project Location (region & city/town/village): Southern Region of Hambantota District & Matara District, the towns of Tangalle, Embilipitiya, Bandarawela & Matara, and the villages of Seenimodara, Moraketi-Ara, Welimada, Angunukolpelessa & Kamburugamuwa																															
6. Target Population: 5 Children																															
<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 30%;">Name</th> <th style="width: 20%;">Region</th> <th style="width: 20%;">District</th> <th style="width: 20%;">Town</th> <th style="width: 10%;">Village</th> </tr> </thead> <tbody> <tr> <td>1. Madumekala Ubeywarna</td> <td>Southern Region</td> <td>Hambantota</td> <td>Tangalle</td> <td>Seenimodara</td> </tr> <tr> <td>2. Gayan Madushanka</td> <td>Southern Region</td> <td>Hambantota</td> <td>Embilipitiya</td> <td>Angunukolapelessa</td> </tr> <tr> <td>3. Fazeer Ahamed</td> <td>Southern Region</td> <td>Badulla</td> <td>Bandarawela</td> <td>Welimada</td> </tr> <tr> <td>4. Madura Madushanka</td> <td>Southern Region</td> <td>Matara</td> <td>Matara</td> <td>Kamburugamuwa</td> </tr> <tr> <td>5. Tharindu Hasanga</td> <td>Southern Region</td> <td>Hambantota</td> <td>Tangalle</td> <td>Moraketi-Ara</td> </tr> </tbody> </table>		Name	Region	District	Town	Village	1. Madumekala Ubeywarna	Southern Region	Hambantota	Tangalle	Seenimodara	2. Gayan Madushanka	Southern Region	Hambantota	Embilipitiya	Angunukolapelessa	3. Fazeer Ahamed	Southern Region	Badulla	Bandarawela	Welimada	4. Madura Madushanka	Southern Region	Matara	Matara	Kamburugamuwa	5. Tharindu Hasanga	Southern Region	Hambantota	Tangalle	Moraketi-Ara
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II. Project Information																															
7. Project Goal: Provide long-term medical support and treatment to children suffering from congenital health conditions affecting Growth Hormone production and cholesterol modulation.																															
8. Project Objectives: To coordinate and manage the system which delivers treatment to the children, provides medical consultations and ensures patient compliance to treatment protocols to optimize the children's chances for growth and maximum health benefits.																															
9. Summary of RMF-sponsored activities carried out during the reporting period under each project objective (note Any changes from original plans):																															
<ul style="list-style-type: none"> Organized and held 3 monthly meetings for APRIL, MAY and JUNE 2014. Information was collected from the children about their treatment & progress at the monthly meetings. Traveling expenses and nutritious food packages were also provided for the children and their families. The food parcels worth Rs.2, 199/= each were handed over to the 5 children by Nishantha Sandakelum & Minerva Fernando for the months of APRIL, MAY & JUNE 2014. 																															

Month	Date	Time	Venue	Day
APRIL (49 TH Meeting)	26/04/2014	10.00am	No.62, "Ben-Mina", Medaketiya, Tangalle, Sri Lanka	Last Saturday of every month
MAY (50 TH Meeting)	31/05/2014			
JUNE (51 ST Meeting)	28/06/2014			

Madumekala

April

- She is 20 years old had come to the meeting with her Mother. Had obtained 04 vials of Growth Hormone for the month of April 2014. Madumekala is continuing sex hormone medication, Climen 1 Tablet daily.
- As Prof. Sujeewa had instructed the Growth Hormone therapy was increased again from 10 clicks to 12 clicks. RMF's Project Coordinator was given the responsibility to the parents to administer the injection as there were some problems of travelling late in the evening.
- From the 11th of Sep.2012 her dosage was 10 clicks & this was successful & she had gained in height. In the month of March 2014, Prof. Sujeewa had again increased the dosage of Growth Hormone, 10 clicks to 12 clicks.

May

- She come to the meeting with her Mother. Had obtained 2 vials of Growth Hormone for the month of May 2014. Madumekala is continuing sex hormone medication, Climen 1 tablet daily.

June

- She had come to the meeting with her Mother. Obtained the vials of Growth Hormone for the month of June 2014. Madumekala is continuing sex hormone medication, Climen 1 tablet daily.
- From the 11th of Sep.2012 her dosage was 10 clicks & this was successful & she had gained in height. In the month of March 2014, Prof. Sujeewa had again increased the dosage of Growth Hormone, 10 clicks to 12 clicks.

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.12,761/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Madumekala for April, May & June 2014

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
APRIL	1. 06/04/2014	2 Vials			
	2. 24/04/2014	2 Vials	130cm	21kg	26 TH of APRIL
MAY	1. 22/05/2014	2 Vials	135cm	21kg	31 ST of MAY
JUNE	1. 10/06/2014	2 Vials	.		
	2. 19/06/2014	2 Vials	135cm	22kg	28 TH of JUNE
		10 Vials			

Fazeer Ahamed

April

- Fazeer attended the 4th monthly meeting of year 2014 not on the scheduled day but he had come on the 28th.
- His Mother had informed prior to the meeting that Fazeer had to face an interview in a School in Kurunegala for his higher studies as he had successfully done the O/L examination.
- He had visited the clinic at Karapitiya and had received 4 vials of Growth Hormone injections. His dosage is 10 clicks daily at night. For the month of April, Fazeer had obtained the food parcel too.

May

- Fazeer had not attended the 5th monthly meeting of year 2014 but his Mother had come. She had informed that Fazeer had to be in the school regarding of his higher studies as he had successfully done the O/L examination.

- His Mother had visited the Clinic at Karapitiya and had got 4 vials of Growth Hormone injections. His dosage is 10 clicks daily at night. For the month of May, Fazeer had received the food parcel too.

June

- Fazeer attended the 6th monthly meeting of year 2014. He obtained 2 vials of Growth Hormone therapy as there was some shortage of the medication from the Company.
- His dosage is 10 clicks daily.

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.12,761/=	04 Vials	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Fazeer for April, May & June 2014

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
APRIL	1.28/04/2014	04 Vials	147.5cm.	43kg	26 th of APRIL
MAY	1.30/05/2014	04 Vials	147.5cm	43.5kg	31 st of MAY
JUNE	1.27/06/2014	02 Vials	147.5cm	43kg	28 th of JUNE
		10 Vials			

Madura Madushanka

April

- Madura had obtained 4 vials of Growth Hormone for the 4th month of the year 2014. He had not gained in height for this time duration.
- Madura had not come for the meeting. His Mother had come as Madura has to attend the private classes and he could not attend the meeting.
- His Mother is very much concerned of his progress and the medical authorities at Karapitiya Teaching Hospital are very satisfied with her.

May

- Madura obtained 4 vials of Growth Hormone for the 5th month of the year 2014. He had gained height for this time duration.

June

- Madura had obtained 4 vials of Growth Hormone for the 6th month of the year 2014.
- Madura had not come for the meeting but he came the next day with his Mother. Madura has to attend private classes and he could not attend the meeting as scheduled

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.12,761/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Madura for April, May & June 2014

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
APRIL	1.18/04/2014	02 Vials			
	2.24/04/2014	02 Vials	144.7cm	33kg	28 th of APRIL
MAY	1.17/05/2014	02 Vials			
	2.28/05/2014	02 Vials	145cm	32.5kg	31 st of MAY
JUNE	1.09/06/2014	02 Vials			
	2.19/06/2014	02 Vials	145cm	33.5kg	28 th of JUNE
		12 Vials			

Gayana Madushanka

April

- In April 2014 the parents had obtained the 4 vials of Growth Hormone & Gayan had visited the Clinic at Karapitiya to check his progress.
- The dosage of Growth Hormone therapy is 9 clicks each night. The Injection of Testoviron was given on the 10th of April 2014.
- Gayan had a chance to attend school again. In Hambantota District at Ambalantota there is a special Education Unit and Gayan was accepted to attend.
- On the 26th of April Gayan could not come for the meeting due to a funeral of a relative and he came on the 28th of April instead.

May

- In May 2014 the parents had obtained the 2 vials of Growth Hormone & Gayan had visited the Clinic at Karapitiya to check his progress.
- The dosage of Growth Hormone therapy is 9 clicks each night. The Injection of Testoviron was given on the 8th of May.

June

- In June 2014 the parents had obtained 3 vials of Growth Hormone & Gayan had visited the Clinic at Karapitiya to check his progress.
- The dosage of Growth Hormone therapy is 10 clicks each night. The injection of Testoviron was given on the 5th of June 2014.

Cost of 1 Vial	Required Vials for the month	Cost of the Food Parcel	Total Expenditure
Rs.12,761/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Gayan for April, May & June 2014

Month	Date	Obtained G.H	Height	Weight	Given food & travel exp.
APRIL	1. 10/04/2014	02 Vials			
	2. 23/04/2014	02 Vials	156cm	49kg	26 th of APRIL
MAY	1. 20/05/2014	02 Vials	156cm	51kg	31 st of MAY
JUNE	1. 05/06/2014	02 Vials			
	2. 17/06/2014	01 Vial	156cm	51.5kg	28 th of JUNE
		09 Vials			

Tharindu**April**

- The increased dose of his medication had to continue.
- Prof. Sujeewa Amarasinghe, the Senior Pediatrician of Karapitiya Teaching Hospital in Galle in Sri Lanka had referred Tharindu to Dr. Arosha. He has to take Rosuvastatin 40mg & Ezetimibe 10mg every night. He also gets a food parcel with more grains and a packet of fat free milk powder.

May

- The increased dose of his medication had to continue.

June

- The increased dose of his medication had to continue.

Detailed Chart of Tharindu for April, May & June 2014

Month	Medicine	Cost	Obtained Food Parcel
APRIL	120 Rosuvastatin 10mg	Rs.5,760/=	

		30 Ezetimibe 10mg	Rs.660/=	26 TH OF APRIL
MAY		120Rosuvastatin 10mg	Rs.5,760/=	
		30 Ezetimibe 10mg	Rs.660/=	31 ST of MAY
JUNE		120 Rosuvastatin 10mg	Rs.5,760/=	
		30 Ezetimibe 10mg	Rs.660/=	28 TH of JUNE
TOTAL			Rs.19, 260/=	

12. Number served/number of direct project beneficiaries (for example, average number treated per day or month and if possible, per health condition).

5 children mentioned above.

13. Number of indirect project beneficiaries (geographic coverage):

The parents and the guardians of the 5 children in the districts of Hambantota & Matara in South Sri Lanka are the indirect beneficiaries.

14. If applicable, please list the medical services provided:

Under the supervision of Prof.Sujeewa, the Senior Consultant of Pediatrics at the Teaching Hospital at Karapitiya in Galle, Sri Lanka with the assistance of the Medical Consultant of Ward 1 and Mrs. Keshani Gamlath, the Registrar of the Teaching Hospital at Karapitiya the following services are provided:

- Issuing the medication for the 5 children;
- Safe storage of the delivered vials of Growth Hormone from Baur's Company;
- Documentation of issuing the vials and recording the progress of the children by the medical authority of the Teaching Hospital of Karapitiya in Galle, Sri-Lanka under the supervision of Prof. Sujeewa, the Senior Consultant Pediatrician of the Teaching Hospital.

15. Please list the five most common health problems observed within your region:

N/A

16. Notable project challenges and obstacles:

Monthly meetings with the participation of the children and their parents have minimized most of the challenges we had experienced.

17. If applicable, plans for next reporting period:

Continue support of the 5 children.

18. If applicable, summary of RMF-sponsored medical supply distribution and use:

NAME	NO. OF VIALS ISSUED	APRIL	MAY	JUNE	TOTAL
MADURA MADUSANKA	Growth Hormone	04	04	04	12
MADUMEKALA	Growth Hormone	04	02	04	10
FAZEER AHAMED	Growth Hormone	04	04	02	10
GAYAN MADUSANKA	Growth Hormone	04	02	03	09
TOTAL		16	12	13	41
THARINDU HASANGA	Rosuvastatin 10mg	120 Tablets	120 Tablets	120 Tablets	360
	Ezetimibe 10mg	30 Tablets	30 Tablets	30 Tablets	90

19. Success story(s) highlighting project impact:

Progress of the Children of Long Term Medical Support from 2009 to 2013

Madumekala

YEAR	AGE	HEIGHT	WEIGHT
2009	15 years	122.5cms.	20.5kls.
2010	16 years	124cms.	21.6kls
2011	17 years	124.5cms.	24.1kls.
2012	18 years	126cms	20.4kls.
2013	19 years	129.4	21.9kls.

Fazeer

YEAR	AGE	HEIGHT	WEIGHT
2009	14 years	133.5cms.	28kls.
2010	15 years	140.1cms.	35kls
2011	16 years	143.7cms.	37.2kls.
2012	17 years	145.8cms	43.1kls.
2013	18 years	147cms.	40kls.

Gayan

YEAR	AGE	HEIGHT	WEIGHT
2009	13 years	138cms.	28kls.
2010	14 years	142.2cms.	24.5kls
2011	15 years	145.6cms.	26.41kls.
2012	16 years	148.1cms	34kls.
2013	17 years	152cms.	44.5kls

Madura

YEAR	AGE	HEIGHT	WEIGHT
2009	13 years	120.6cms.	21kls.
2010	14 years	126.4cms.	22.8kls
2011	15 years	132.5cms.	24.2kls.
2012	16 years	138cms	28kls.
2013	17 years	144.7	33kls

Tharindu

YEAR	AGE	
2009	16 years	1. Rosuvastatin 40mg nocte 2. Ezetimibe 10mg nocte
2010	17 years	
2011	18 years	
2012	19 years	
2013	20 years	

20. Photos of project activities (file attachment is fine):
Photo file is attached.

III. Financial Information

21. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.

TOTAL EXPENDITURE FOR APRIL, MAY & JUNE 2014

PROJECT – LONG TERM MEDICAL SUPPORT

SPONSERED BY – REAL MEDICINE FOUNDATION

**BENEFICIARIES – 4 CHILDREN FOR GROWTH HORMONE THERAPY
1 CHILD FOR HYPERLIPIDEMIA**

MONTHS	NAME	THERAPY	MEDICATION OBTAINED	FOOD PARCELS	TOATAL
APRIL	Madumekala	Growth Hormone	10 Vials- Rs.127,610/=	Rs.6,597/=	Rs.134,207/=
MAY	Gayana	Growth Hormone	09 Vials- Rs. 114,849/=	Rs.6,597/=	Rs. 121,446/=
JUNE	Madura	Growth Hormone	12 Vials- Rs.153,132/=	Rs.6,597/=	Rs.159,729/=
	Fazeer	Growth Hormone	10 Vials- Rs.127,610/=	Rs.6,597/=	Rs.134,207/=
	Tharindu	Hyperlipidemia	APRIL Rs.6,420/=		
			MAY Rs.6,420/=		
			JUNE Rs.6,420/=	Rs.6,597/=	Rs.25,857/=
GRAND TOTAL					Rs.575,446/=

Prepared by Minerva
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Tangalle, Sri-Lanka
18/08/2014