

RMF in Nepali News: Kavre District and Arupokhari Aid Praised by Locals

Article 1

Publication: *Kavre Post*

Date: December 4, 2016

Translation: Wheelchair Distribution in Madan Kundari



Madan Kundari – Wheelchairs have been distributed in a remote village of the Kavre district: Madan Kundari. On Friday, December 2nd, 2016, wheelchairs were distributed to 9 physically disabled people of Madan Kundari. The program, organized by the Madan Kundari Health Post, was chaired by Mr. Jhamka Gautam, the chairperson of the Health Post Management Committee. The program was conducted by the chief of the health post, Mr. Tej Bahadur Ghising.

Mr. Ganesh Shrestha was the chief guest and the program administrator. He is the Nepal representative for the organization that donated the wheelchairs, Real Medicine Foundation. Mr. Shrestha expressed his happiness to be able to provide medical supplies and equipment to remote areas east of Koshi in Kavre district.

The chairman of Madan Kundari Health Post, Mr. Jhamka Gautam, expressed that he expects to receive similar humanitarian help from Real Medicine Foundation in the days to come as well. The program administrator and representative of Real Medicine Foundation, Mr. Ganesh Shrestha, has committed to providing assistance on the request. He also informed us of the five-year plan being developed to benefit 8 Village Development Committees (VDCs) east of Koshi in Kavre district.

The physically disabled, their guardians, and their representatives were provided with 7 wheelchairs, and the 2 individuals who were not able to be present at the program received wheelchairs when representatives visited

their homes. Also, 5 wheelchairs were previously distributed through the assistance of Real Medicine Foundation in Dhuseni Shivalaya. Similarly, we were informed that wheelchairs were also sent to Gothpani, Pokhari Chauri, Kotali, and Birta Deurali through the program.

During the program, the welcome speech was given by Mr. Norbu Lama, a member of the Madan Kundari Health Post Management Committee. Mr. Basudev Dhakal, Chief of Gothpani Health Post, praised the humanitarian support. Similarly, Mr. Balkrishna Gautam, acting Chief of Dhuseni Shivalaya Health Post who works as a coordinator for a medical equipment distribution program in the Koshi area, praised the exemplary role played by Real Medicine Foundation after a massive earthquake.

Original article:

उपस्थित... लिनका... लाग... आयक वषदाख महानगरल उच्चतम... गराउदा लाइनमा बस्नुपन, मापदण्ड... वताउनुमया ।

मादन कुंडारीमा ह्वीलचियर वितरण

मादन कुंडारी । काभ्रे जिल्लाको दूर्गम गाउँ मादनकुंडारीमा ह्वीलचियर वितरण भएको छ । कार्यक्रमका प्रमुख अतिथि तथा ह्वीलचियरदाता संस्था रियल मेडिसिन फाउन्डेसनका नेपाल प्रतिनिधि एवं प्रकृतिका मानवीय सहयोगहरू प्राप्त भइरहने अपेक्षा राख्नुभएको थियो । फाउन्डेसनका नेपाल प्रतिनिधि एवं स्वलमा उपस्थित हुन असमर्थ २ जनालाई घरमा नै पुगी ह्वीलचियर वितरण गरिएको थियो । यसअघि सोही संस्थाको सहयोगमा काभ्रे कोशीपारीकै धुसेनीशिवालयमा ५ जनालाई ह्वीलचियर वितरण गरिएको थियो । त्यसैगरी गोठपानी, पोखरी चौरी, कोलाती तथा विर्ता देउरालीमा पनि ह्वीलचियरहरू पठाइसकिएको कार्यक्रममा जानकारी दिइएको थियो ।

मादनकुंडारी स्वास्थ्यचौकी व्यवस्थापन समितिका सदस्य नोर्बु लामाले स्वागत मन्तव्य राख्नु भएको ह्वीलचियर वितरण कार्यक्रममा गोठपानी स्वास्थ्यचौकीका प्रमुख वासुदेव ढकालले प्राप्त मानवीय सहयोगको प्रशंसा गर्नुभएको थियो । कोशीपारीका स्वास्थ्य संस्थाहरूमा सहयोग प्राप्त मेडिकल उपकरण वितरणमा समन्वयकारी भूमिका खेल्नु भएका धुसेनी शिवालय स्वास्थ्यचौकीका निमित्त प्रमुख वालकृष्ण गौतमले उक्त कार्यक्रममा महाभूकम्पपछि रियल मेडिसिन फाउन्डेसनले गरेको सहयोग अनुकरणीय रहेको बताउनुभएको थियो ।

मंसिर १७ गते शुक्रबार मादनकुंडारीका ९ जना तारीरिकरूपमा अशक्त व्यक्तिहरूलाई ह्वीलचियर वितरण गर्ने कार्यक्रम सम्पन्न भएको हो । मादनकुंडारी स्वास्थ्यचौकीको आयोजनामा भएको कार्यक्रमको अध्यक्षता स्वास्थ्यचौकी व्यवस्थापन समितिका अध्यक्ष भुम्क गौतमले गर्नुभएको थियो । कार्यक्रमको सञ्चालन स्वास्थ्यचौकी प्रमुख बबहादुर घिसडले गर्नुभएको मेडिसिन फाउन्डेसनका नेपाल प्रतिनिधि एवं कार्यक्रम व्यवस्थापक गणेश श्रेष्ठले पनि अत्यावश्यक सामग्री तथा अन्य सहयोगको अनुरोध आएमा सहयोग गर्ने प्रतिवद्धता व्यक्त गर्नुभयो । काभ्रे कोशीपूर्वका ८ गाविस समेटी पाँचवर्षीय परियोजना सञ्चालन गर्ने तयारी भइरहेकोसमेत उहाँले जानकारी दिनुभयो ।

कार्यक्रम स्थलमा आएका अशक्त, उनीहरूका अभिभावक तथा प्रतिनिधिलाई ७ थान ह्वीलचियर वितरण गरिएको थियो भने कार्यक्रम



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Article 2

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Author: Santosh Adhikari

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Translation: Villagers' Beloved Clinic!



Health worker checking patients

Mr. Motilal Shrestha, a 96-year-old man from Arupokhari 2, reached clinic out of breath. It took him 15 minutes walking uphill from Arupokhari 1, Saat Dobate to reach the clinic, which is operated by Real Medicine Foundation in coordination with the villagers. He is also the oldest person in the village. After taking a rest when he reached the clinic, he told us, "With old age, I am suffering from asthma and cold coughs. I am here to get a checkup with the doctor." Health worker Bishnu Sharma is the "doctor" that Mr. Shrestha is talking about. Including Mr. Shrestha, dozens of villagers also come there to receive health services at the clinic.

A local resident, Ram Bahadur Baram, says, "If there was no Bishnu, sir, many of the villagers would die a premature death. In fact, there is a government health post here, but it is too far. Health workers are also not always available in the health post. So, either we have to go to Arughat or to Gorkha Bazar. This clinic has saved many people's lives here." The RMF clinic's two other staff members, Mr. Sharma and Staff Nurse Binita Sapkota, are providing 24-hour service to people, says Baram.

Real Medicine Foundation has been providing services since last January in the building, which they renovated after it was damaged by the earthquake. The villagers provided the land for the building in which the foundation is operating. Real Medicine Foundation says that it is planning to work for five years in the village in health and other sectors: "Until now, we have been serving the people here only through this clinic, but now we will also help with the livelihood of the people here. We are preparing to bring forward different projects after assessing the needs of the people and receiving project ideas from the locals. We have the help and support of the people for the clinic we are running. Our organization works by request of the people," said the representative of Real Medicine Foundation Nepal, Mr. Ganesh Shrestha. While buying medicines in the clinic, patients pay 25 percent less than the price marked on the packet.

Mr. Bishnu Sharma, the clinic in-charge, informed us that the money received from the sale of medicines is spent in the presence of the committee that was formed while establishing the clinic. The chairman of the management

committee said that the money for the medicine is collected in order to continue the services even after help from Real Medicine Foundation stops. He said that the clinic is available for the people, whether they are injured by the earthquake or they get sick at other times.

According to Ale, since the government health post is not suitably located and the health worker is not always available, people love this clinic. A new building is being built after the clinic's building was damaged by the earthquake. RMF is building the new building for the clinic. The land for the building was made available by the community, said Mr. Shrestha, who is the Nepal Program Manager for RMF. Mr. Shrestha had just discussed the new building and the new programs of Real Medicine Foundation with the community.

According to Mr. Shrestha, the clinic is being built with a birthing center too. But the villagers would like a birthing center with a lab. People from Arupokhari, Pandrung, Panch Khuwa Deurali wards 2 & 1, and Tandrang VDC are the ones who benefit from the clinic.

Original article:

गाउँलेको प्यारो क्लिनिक !

सन्तोष अधिकारी

मंसिर ३०, आरुपोखरी

आरुपोखरी २ का ९६ वर्षका मोतीलाल श्रेष्ठ बूढ स्याँ. स्याँ. गर्दै क्लिनिक आईपुगे । करिब १५ मिनेटको उकालो चढेर आरुपोखरी १ सात द्रोबाटे मा र हेको रियलमेडिसिन फाउण्डेशनले गाउँले सँगको समन्वयमा सञ्चालन गरेको क्लिनिक सम्म । उनी गाउँका सबै भन्दा पाको मान्छे पनि हुन् । स्वास्थ्य चौकीमा आएर सुस्ताउँदै भन्दै थिए 'बुद्धीली सँगै द्रम, रुखाखोकीले च्याप्यौ । यहाँ डाक्टरसाफहाँ जचाउन आको ।' उनले भनेका डाक्टरसाप हेल्थ असिस्टेण्ट विष्णु शर्मा हुन् । उनै विष्णुले गाउँमा कोही विरामी हुँदा चेकजाँच गर्नेगर्छन् । गाउँलेलाई शर्माको अत्यन्तै विश्वास पनि छ । श्रेष्ठ जस्तै दिनहुँ दर्जनी मानिसहरु त्यहाँ सेवा लिन आउँछन् ।

विष्णु सर हुनुहुन्थेन भने गाउँका कति मान्छे अकालमै मर्ने स्थानीय रणबहादुर बरामु भन्छन् 'छनत



विरामी जाँच गर्दै स्वास्थ्यकर्मी ।

यहाँ सरकारी स्वास्थ्य चौकी पनि छ । तर, के गर्नु टाढा छ । यहाँको स्वास्थ्य चौकीमा सधैं स्वास्थ्य कर्मी हुँदैनन् । कि आरुबाट जानुपऱ्यो कि गोरखा बजारै हो । यो क्लिनिकले त यहाँका मान्छेहरुलाई बँचाएको छ ।' उक्त फाउण्डेशनका दुई कर्मचारी शर्मा र स्टाफ नर्श बिनीता सापकोटाले त्यहाँका मानिसहरुलाई २५ से घण्टा सेवा दिएको बरामु बताउँछन् । गत वर्षको जनवरीबाट गाउँमा क्लिनिक सञ्चालन गरेर सेवा प्रदान गरिर हेको फाउण्डेशनले भूकम्पले जिर्ण भवन मर्मत गरी सेवा दिइरहेको छ । उक्त संस्थाले सञ्चालन

गरेको भवन रहेको जग्गा गाउँलेहरुले उपलब्ध गराएका हुन् । अहिले उक्त संस्थाले गाउँको स्वास्थ्य सेवा सँगै अन्य विभिन्न क्षेत्रमा पाँच वर्ष काम गर्ने कार्योजना तयार पारेको बताएको छ । 'अहिले सम्म हामीले यहि क्लिनिक ब्राट मात्रै यहाँका जनतालाई सेवा दिएका थियौँ' रियल मेडिसिन फाउण्डेशनका नेपाल प्रतिनिधी गणेश श्रेष्ठले भने 'अब हामीले यहाँको मानिसहरुको जिविकोपार्जनमा पनि सहयोग गर्छौँ । यहाँका मानिसहरुको आवश्यकता पहिचान गरी,

स्थानीयहरु सँगै छलफलमा आएका योजनाहरुलाई पनि अगाडी बढाउने तयारीमा छौँ । अहिले सञ्चालनमा रहेको क्लिनिक पनि स्थानीयको साथ र सहयोगमा छ । उहाँहरुकै माग अनुसार हाम्रो संस्थाले फेरी काम गर्न लागेको हो ।' उक्त क्लिनिकमा औषधी किन्दा औषधीको प्याकेटमा लेखेको भन्दा २५ प्रतिशत कम मूल्यमा पाइन्छ । औषधी विक्रि गरेर आएको पैसा क्लिनिक सञ्चालन गर्दा निर्माण गर को समितीको रोहबरमा खर्च गर्ने गरेको क्लिनिकका इन्चार्ज विष्णु शर्मांले जानकारी दिए । क्लिनिक सञ्चालन गर्न उक्त संस्थाले सहयोग पश्चात पनि निरन्तरता दिनका लागि औषधीको पैसा लिन गरेको व्यवस्थापन समितीका अध्यक्ष होमबहादुर आलेले बताए । भूकम्पका बेला मानिसहरु घाइते हुँदा होस् अरु बेला विरामी हुँदा होस् ये क्लिनिकले यहाँका जनतालाई साथ दिएको उनको भनाई छ । सरकारी स्वास्थ्य चौकी पाएक पर्ने ठाउँमा नभएको र

स्वास्थ्य कर्मी नियमित कार्यालयमा नबस्ने हुँदा गाउँलेहरुले क्लिनिकलाई माया गरेको आले बताउँछन् । भूकम्प पछि क्लिनिक भत्किएपछि नयाँ भवन बनाउन लागिएको छ । नयाँ भवन बनाउनको लागि आर एमएफ संस्थाले क्लिनिकका लागि नै भवन बनाई दिने भएको छ । भवन बनाउन संस्थाले जग्गा समेत समुदायबाट नै पाइसकेको आएमाए संस्थाका कार्यक्रम व्यवस्थापक समेत रहेका गणेश श्रेष्ठले बताए । बुधवार मात्रै समुदायका मानिसहरु सँग उनै श्रेष्ठले अगामी दिनका संस्थाले भवन बनाउन लागेको, नयाँ कार्यक्रम सञ्चालन गर्न लागेको बार छलफल गरेका छन् । श्रेष्ठका अनुसार अब सो क्लिनिकलाई बर्थिङ सेण्टर सहितको बनाउन लागिएको हो । गाउँलेहरुलेको माग भने बर्थिङ सेण्टर सँगै ल्याब पनि रहेको उनले बताए । आरुपोखरी, पन्डुङ, पाँचखुवादेउराली २, १ वडा, तान्द्राङ गाविसका सेवाग्राहीले सो क्लिनिक बाट सेवा लिनै गरेका छन् ।