



Progress Report: Long Term Medical Support for Children in Sri Lanka

Date: July 31 st , 2012	Prepared by: Stephney Minerva Fernando																														
I. Demographic Information																															
1.City & Province: Hambantota District & Matara District in South Sri Lanka																															
2. Organization: Real Medicine Foundation Sri Lanka																															
3. Project Title: Long Term Medical Support																															
4. Reporting Period: April 1 st , 2012 - June 30 th , 2012.																															
5. Project Location (region & city/town/village): Southern Region of Hambantota District & Matara District, the towns of Tangalle, Embilipitiya, Bandarawela & Matara, and the villages of Seenimodara, Moraketi-Ara, Welimada, Angunukolpelessa & Kamburugamuwa																															
6. Target Population: 5 Children																															
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II. Project Information																															
7. Project Goal: Provide long-term medical support and treatment to children suffering from congenital health conditions affecting Growth Hormone production and cholesterol modulation.																															
8. Project Objectives: To coordinate and manage the system which delivers treatment to the children, provides medical consultations and ensures patient compliance to treatment protocols to optimize the children's chances for growth and maximum health benefits.																															
9. Summary of RMF-sponsored activities carried out during the reporting period under each project objective (note Any changes from original plans):-																															
<ul style="list-style-type: none"> Organized and held 3 monthly meetings for the months of April, May, and June 2012. Information was collected from the children about their treatment progress at the monthly meetings. Traveling expenses and nutritious food packages were also provided for the children and their families. The monthly food parcels were handed over to the 5 children by Mr. Nishantha Sandakelum for the months of April, May, and June 2012. A session was held with Prof. Sujeewa & other medical consultants at the Karapitiya Teaching Hospital for the children's parents to see the progress of the treatment. 																															
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June (27 th Meeting)	30/06/2012		Sri Lanka
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Madumekala:

- Madumekala is now 18 years old and has finished her schooling after sitting for the Ordinary Level Examinations.
- She has continued to lose weight this past quarter (from approx. 24 kg in Q4 2011, to 22kg in Q1 2012 and down to approx. 20.6kg this quarter) but she has continued to grow slightly in height.
- She is also continuing the Sex Hormone Medication, Climen, at 1 Tablet daily
- She was referred to the clinic at Karapitiya in the Ward No. 1 to get a Bone assay. It had revealed that her Bone age is 14. The decision for the increased dosage was 10 clicks at night.

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.11,118/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Madumekala for the Months of April, May, and June 2012

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
April	1. 11/04/2012	2 Vials			
	2. 26/04/2012	2 Vials	125.5cm	21.4kg	28 th of April
May	1. 10/05/2012	2 Vials			
	2. 31/05/2012	2 Vials	125.5cm	21.5kg	2 nd of June
June	1. 16/06/2012	2 Vials			
	2. 28/06/2012	2Vials	125.6cm	20.61kg	30 th of July
		12 Vials			

Fazeer Ahamed:

- Fazeer participated in most but not all of the monthly meetings with his Mother.
- He is studying in the 10th grade, and his dosage of the Growth Hormone Therapy has continued at 10 clicks each night. He has gained height and weight this past quarter.
- He was strictly advised that in the future he has to attend every activity of the Project of Long Term Medical Support.

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.11,118/=	04 Vials	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Fazeer for the Months of April, May, and June 2012

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
April	1. 19/04/2012	2 Vials			
	2. 28/04/2012	2 Vials	144.5cm	38kg	28 th of April
May	1. 25/05/2012	2 Vials	146cm	39.9kg	02 nd of June
June	1. 09/06/2012	2 Vials			
	2. 29/06/2012	2 Vials	146cm	40.3kg	30 th of July
		10 Vials			

Madura Madushanka:

- Madura is now 15 years old, studies in Grade 11 and will take the Ordinary Level Government Examination in December of 2012.
- He has continued to gain height this quarter; his weight has fluctuated with 7 clicks of growth hormone given every night.
- The medical authorities at Karapitiya Teaching Hospital are very satisfied with his progress.
- Madura had received a new Auto Click Machine from Bours Company, free of charge.

Cost of 1 Vial	Monthly Required Vials	Monthly Cost of Food Parcel	Expenditure for the month
Rs.11,118/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Madura for the Months of April, May, and June 2012

MONTH	Date	Obtained G.H.	Height	Weight	Given food & travel exp.
April	1. 09/04/2012	2 Vials			
	2. 26/04/2012	2 Vials	134.7cm	26.5kg	28 th of April
May	1. 10/05/2012	2 Vials			
	2. 24/05/2012	2 Vials	135cm	25.5kg	02 nd of June
June	1. 08/06/2012	2 Vials			
	2. 28/06/2012	1 Vials	135.4cm	26kg	30 th of July
		12 Vials			

Gayan Madushanka:

- There has been a slight increase in height since last quarter (146cm to 146.9cm) and he has gained 4 kilos during the quarter.
- The dosage of Growth Hormone Therapy continues at 9 clicks every night.
- He was also given the Injection of Testoviron (Sex Hormone) each month.

Cost of 1 Vial	Required Vials for the month	Cost of the Food Parcel	Total Expenditure
Rs.11,118/=	04	Rs.2,199/=	Rs.46,672/= + Travel Fee

Detailed Chart of Gayan for the Months of April, May, and June 2012

Month	Date	Obtained G.H	Height	Weight	Given food & travel exp.
April	1. 26/04/2012	02 Vials	146.3cm	27.5kg	28 th of April
May	1. 17/05/2012	02 Vials			
	2. 29/05/2012	02 Vials	146.6cm	28.7kg	02 nd of June
June	1. 08/06/2012	02 Vials			
	2. 28/06/2012	02 Vials	146.9cm	31.4kg	30 th of July
		10 Vials			

Tharindu

- His cholesterol medication (Rosuvastatin and Ezetimibe) has been increased and he has been instructed to continue visiting the clinic each month.
- He also receives a food parcel with more grains and a packet of fat free milk powder.

Detailed Chart of Tharindu for the months of April, May and June 2012

Month	Medicine	COST	Obtained Food Parcel
April	90 Rosuvastatin 10mg	Rs.4,320/=	
	30 Ezetimibe 10mg	Rs.660/=	28 th of April
May	109 Rosuvastatin 10mg	Rs.5,232/=	
	30 Ezetimibe 10mg	Rs.660/=	02 nd of June
June	120 Rosuvastatin 10mg	Rs.5,460/=	
	30 Ezetimibe 10mg	Rs. 660/=	30 th of July
Total		Rs.16,992/=	

11. Impact this project has on the community (who is benefiting and how)
Assisting the children and their families as well as their communities to deal with medical situations that would otherwise have gone untreated through the healthcare system in Sri Lanka.

12. Number served/number of direct project beneficiaries (for example, average number treated per day or month and if possible, per health condition).

5 children mentioned above.

13. Number of indirect project beneficiaries (geographic coverage):

The parents and the guardians of the 5 children in the Districts of Hambantota & Matara in South Sri Lanka are the indirect beneficiaries.

14. If applicable, please list the medical services provided:

Under the supervision of Prof. Sujeewa, the Senior Consultant of Pediatrics at the Teaching Hospital at Karapitiya in Galle, Sri Lanka with the assistance of the Medical Consultant Dr. Rohan and Mrs. Keshani Gamlath, the Registrar of the Teaching Hospital at Karapitiya the following services are provided:

- > Issuing the medication.
- > Safe storage of the delivered vials of Growth Hormone from Baur's Company.
- > Documentation of issuing the vials and recording the progress of the height and weight of the children by the medical authority of the Teaching Hospital of Karapitiya in Galle, Sri Lanka under the Supervision of Prof. Sujeewa, the Senior Consultant Pediatrician of the Teaching Hospital.

15. Please list the five most common health problems observed within your region:

N/A

16. Notable project challenges and obstacles:

Monthly meetings with the participation of the children and their parents have minimized most of the challenges we had experienced.

17. If applicable, plans for next reporting period:

Next reporting period will be the months of April, May & June, 2nd Quarter of the year 2012.

18. If applicable, summary of RMF-sponsored medical supply distribution and use:

Madumekala	12 Vials issued from April to June 2012
Madura Madushanka	12 Vials issued from April to June 2012
Gayana Madushanka	10 Vials issued from April to June 2012
Fazeer Ahmed	10 Vials issued from April to June 2012

Tharindu Hasanga

319 Tablets of Rosuvastatin 10mg &
90 Tablets of Ezetimibe 10mg for the months of April to June 2012

19. Success story(s) highlighting project impact:

20. Photos of project activities (file attachment is fine):
Photo file is attached.

III. Financial Information

21. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.

Thank you!

Please email to:
Martina C. Fuchs, MD PhD
CEO Real Medicine Foundation
11700 National Blvd., Suite 234
Los Angeles, CA 90064
USA
310.820.4502 phone
Martina.Fuchs@realmedicinefoundation.org



TOTAL EXPENDITURE FOR THE MONTHS OF APRIL, MAY & JUNE.2012

PROJECT – LONG TERM MEDICAL SUPPORT

SPONSERED BY – REAL MEDICINE FOUNDATION

**BENEFICIARIES – 4 CHILDREN FOR GROWTH HORMONE THERAPY
1 CHILD FOR HYPERLIPIDEMIA**

MONTHS	NAME	THERAPY	MEDICATION OBTAIN	03 FOOD PARCELS	TOATAL
APRIL	Madumekala	Growth Hormone	12 Vials- Rs.133,416/=	Rs.6,597/=	Rs.140,013/=
MAY	Gayan	„ „	10Vials- Rs.111,180/=	Rs.6,597/=	Rs.117,777/=
JUNE	Madura	„ „	12 Vials- Rs.133,416/=	Rs.6,597/=	Rs.140,013/=
	Fazeer	„ „	10 Vials- Rs.111,180/=	Rs.6,597/=	Rs.117,777/=
	Tharindu	Hyperlipidemia	APRIL - Rs.4,980/=		
			MAY - Rs.5,892/=		
			JUNE - Rs.6,120/=	Rs.6,597/=	Rs.23,589=
GRAND TOTAL					Rs.539,169/=

Prepared by Minerva.
R.M.F. Project Coordinator
Tangalle, Sri-Lanka.
31/07/2012